



# Sissy's Bedtime Flutter



A daily routine chart

You will need: crayons or pencils

Draw a picture of each step in the empty box. Check it off every night.

1

Tidy up your toys.

2

Put on your pajamas.

3

Brush your teeth.

4

Read a story together.

5

Lights out and rest your wings.

To use it every day: slip the page into a plastic sleeve and tick the circles with a dry-erase marker, then wipe it clean.

Ages 3-7 - made by a teacher, adapt freely.

