



Little Cup Seed Starting



A grow-together garden card

You will need: paper cups, potting soil, seeds, a sunny windowsill

Start seeds inside, in little cups on a sunny sill.

1. Fill each cup with soil, almost to the top.
2. Poke one hole with your finger, about one knuckle deep.
3. Drop in a seed and tuck it in like a tiny blanket.
4. Water a little, set it in the sun, and check it every morning.

Whose seed will wake up first?

- The never-eat rule: nothing from the garden goes in a mouth unless a grown-up says so.
- Milkweed is for the butterflies: look, and don't touch your mouth after handling it.
- Choose plants native to your region when you can.
- Little tools, sun hats, and water breaks.
- No bug sprays or pesticides: this garden feeds the butterflies.

Ages 3-7 with a grown-up - made by a teacher, adapt freely.

